

Fitness and Bootcamp Session

Document Version and Date:	D – 16th August 2017
Document Status:	Active
Session Name & Duration:	Fitness/Boot Camp Sessions – 45 minutes (please arrive 10 minutes to the session starting)
Session Price:	£6.00 Per Visitor
Available For:	Persons aged 14 and over
Session Validity:	Term time Non-term time
Max Capacity of Session:	38
Available Promotions:	N/A
Grip Socks Required:	Go Bounce will provide these to all paying customers
Available Activities:	Open Jump Dodgeball Air Bag Dive Platform Cardio Wall Foam Activity Pit Fitness schedules and activities may vary at the discretion of the instructor.
Marshall Requirements:	Unmarshalled - fitness instructor present at all times
First Aid Requirements:	50% of onsite Staff to be first aid trained
Important Notes:	No visitors under 14 Years of age Jugs of water & beakers to be readily available for all free of charge